Measurements and Indicators of Health Status

FIGURE 2.1 The health status of Australia's youth is generally good.
In this topic we will look at......

• The Health Status of Australian Youth-
  - Self assessed health status and life expectancy
  - Mortality
  - Morbidity and burden of disease
  - Hospitalisation, core activity limitation and psychological distress
  - And most importantly- we will learnt to read and interpret data!
Health Status and Health Indicators

It is important to look at the Health Status of individuals, age groups and populations.

Why do you think this is?

- Government and non-government organisations can take action to improve the health and well being in areas that need it.
- Allows trends to be identified in health status over time
- Provides valuable feedback on actions that have already been implemented
Definitions 1.2.2-1.2.6

Complete the “Key Terms” handouts from your booklet. These are going to be very important throughout units 1-4.

This may take some time but will be well worth it. You may even want to photocopy and paste them in the back of your own workbook as a glossary.
Apply and Test your Knowledge

Read through pages 38-40 of your textbook and answer the following questions on page 41

- Questions 5 and 6
- Questions 8 and 9

- Go over your definitions list before we do an “I have, who has” activity.
- If time do this Kahoot
Life Expectancy

Go to the following website and calculate your own life expectancy


1. What factors are under your control- behaviour etc?
2. What factors are not under your control- biological?
3. What factors could influence your life expectancy living in Australia compared to another country eg. Bali?
Life Expectancy

- Complete the ‘Life Expectancy” web search from your workbook
- You have rest of this lesson and the next lesson
- You will then present your findings to the class in the lesson after that.
Life Expectancy

Article Analysis-
Complete the article analysis in your work book for home work
Data Analysis

• Complete the data analysis from your booklet as a work requirement
Extension and Exam Preparation

• Complete the extension work by yourselves and we will do the exam preparation under exam conditions